



Daily Schedule

7:00am Wake up

8:00am BREAKFAST

8:30am Community Service

	Junior Girls	Senior Girls	Junior Boys	Senior Boys
9:00am	Instructional Swim	Sports	Instructional Swim	Sports
10:15am	Team Time	Team Time	Sports	Instructional Swim
11:30am	Sports	Instructional Swim	Team Time	TeamTime

1:00pm LUNCH

	Junior Girls	Senior Girls	Junior Boys	Senior Boys
1:30pm	Rest Hour		Free Swim	
2:45pm	Free Swim		Rest Hour	

4:00pm Outdoor Pursuits & Creative Arts (Junior/Senior Rotation)

6:00pm DINNER

6:45pm Spread (Recess)

7:45pm Evening Program

8.45pm Cabin Meetings & Get ready for bed

9.30pm Lights out